

PATIENT NAME: _____ DATE: _____

WARD/LOCATION: _____

On a scale of 0 (no itch) to 10 (worst imaginable itch),
how does the patient rate their itch in the last 24 hours?



The Worst Itch Numerical Rating Scale (WI-NRS), is a validated 11-point scale ranging from 0-10 where 0 represents 'no itching' and 10 'worst itch imaginable'.¹ ≥ 3 -point improvement corresponds to a clinically meaningful improvement.²

What impact does itch have on other
aspects of life? (e.g. sleep/mood)

References:

1. Mathur VS, et al. *Clin J Am Soc Nephrol.* 2010;5:1410–19.
2. Vernon M, et al. *J Am Acad Dermatol.* 2021;84(4):1132–1134.

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